

Relationship and Sex Education Policy**1. Aims**

The Primary School recognizes that sex and relationship education is an educational entitlement for all pupils and an integral part of each girl's preparation for adulthood. In the Junior School we aim to:

- Provide accurate information about, and understanding of, RSE issues to girls/boys and their parents/carers.
- Equip all the girls/boys with accurate, unbiased knowledge about sex and relationships and give the girls the opportunity to acquire life skills that will help them make good use of this knowledge.
- Give the girls/boys the opportunity to explore and respect their own and others' opinions, attitudes and values to help them develop their own, individual moral framework.

The programme will respect individual differences and seek to promote those values which are common to all faiths and societies. It will place emphasis upon the value of family life and caring relationships.

2. Objectives

- To provide the knowledge and information to which all girls are entitled.
- To clarify and reinforce existing knowledge.
- To raise girls'/boys' self esteem and confidence, especially in their relationships with others.
- To help girls/boys understand their sexual feelings and behavior, so that they can lead fulfilling, safe and enjoyable lives.
- To develop appropriate language, decision making, choice and assertiveness to make the most of their abilities.
- To help them gain access to information and support.
- To develop skills for a healthier safer lifestyle.
- To respect and care for their bodies.
- To be prepared for the emotional and physical changes associated with puberty

3. Content

The programme we follow will be based on the national guidelines provided by the NCB and BCYPS as well as Channel 4 Learning's Programmes and Resources. It will be delivered through the Personal, Social and Health Education and the Science Curriculum by either the year group class teacher or The Deputy Head, pastoral.

Knowledge and Understanding

- In the Foundation Unit the following topics will be included:

Me and my Family

- In Key Stage 1 the following topics will be included:
Life Cycles and differences between male and female other than physical differences
- In Key Stage 2 the following topics will be included:
Changes (Yr 4 +5) How Babies are Made and How Babies are Born (Yr 6)
- In Key Stage 3 The following topics will be included:
(insert information after staff inset)

Resources

- Channel 4 Living and Growing Resource Book – Unit 1 Differences, How Did I Get Hers? and Growing Up.
- Channel 4 Living and Growing Resource Book – Unit 2 Changes, How Babies Are Made and How Babies Are Born.
- Channel 4 Living and Growing Resources Book – Unit 3 Girl Talk, Boy talk and Let's Talk About Sex.
- Channel 4 All About Us Living and Growing DVD (5 – 11 years).
- BBC Active Sex and Relationship Education PSHE (9 – 11 years).
- Laying the Foundations.
- Sex and Relationships Education in Primary Schools.
- National Children's Bureau.

4. Specific Issues

Confidentiality and Advice

Girls/boys will be made aware that some information cannot be held in confidence and that if specific disclosures are made, certain actions will ensue. At the same time girls/boys will be offered sensitive and appropriate support. The following procedures will be adhered to by all adults:

- a) Disclosure or suspicion of possible abuse.
 - The School's Child Protection procedures will be invoked (see Staff Handbook).
- b) Disclosure of pregnancy.
 - The School will always encourage girls/boys to talk to their parents first.
 - Information and guidance from a health professional will be available.
 - The designated Class Teacher responsible for Child Protection must be informed of any such disclosure.

Family Life

The value of family life is an important aspect which will be approached largely through a consideration of the qualities and relationships between the group of people, with an emphasis on stability, respect, care and support.

Sensitive Issues

As part of the RSE programme, issues of contraception, sexually transmitted diseases, sexuality and abortions are addressed. Facts are presented in an objective and balanced way, with pupils being encouraged to consider their attitudes and values.

5. Parents' Right of Withdrawal

We will share responsibility for the education of girls/boys, with parents, who will be kept informed and involved through newsletters, awareness raising evenings and individual discussions when appropriate. Parents have a legal right to withdraw their daughter(s) / son(s) from dedicated RSE lessons. However we would encourage parents to discuss this fully with the Head Teacher if concerned. They do not have the right to withdraw their daughter(s)/ son(s) from those aspects of SRE that are taught in Science and PHSE lessons or where RSE issues arise incidentally in other subject areas.

6. RSE working Party

This policy along with the POS, Key vocabulary and Key Stage Themes has been a result of the combined thoughts and guidance from The Head Teacher, a Primary School Governor and the PL GB Safe Guarding, Child Protection and Pastoral Care committee.

Date: October 2024

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